

# Young Cancer Patients Often Regret Initial Treatment Decisions

A small study reported that nearly one in four teens and young adults express regret about the initial treatment decisions made.

*Researchers surveyed 203 cancer patients, ages 15 to 29, within six weeks of their diagnosis to ask about their decision-making preferences and experiences. They checked back with these young patients again after four months and one year to see if their feelings about treatment decisions changed over time.*

*Reuters*

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The study reports that 58 percent of the patients wanted to be involved in deciding their treatment plan, and 51 percent wanted limited involvement from parents. The survey also reported that 24 percent regretted the treatment decisions they choose.

## **Source:**

- Adolescent and Young Adult Cancer Patients' Experiences With Treatment Decision-making