Tylenol Side Effects You Should Know About

You have probably heard that Acetaminophen may damage the liver. But a recent study showed that Acetaminophen may also damage the heart, the gastrointestinal bleeding, and the kidneys. The study also shows increased mortality for those who take Acetaminophen as well. As Acetaminophen use increases the risks increase as well.

There are also risks to using Acetaminophen while pregnant:

- In a Norwiegan cohort, mothers were surveyed for acetaminophen exposure in weeks 17-30 of gestation, and 6 months postpartum. Children evaluated at 3 years were found to have dose-related effects from up to 28 days of cumulative acetaminophen exposure. These effects included motor, communication, and behavioral parameters.
- Acetaminophen depletes the body's primary antioxidant, glutathione, and interferes with the imperative function of fever to resolve infection and inflammation.
- This study did not control for vaccination status, but there is empirical evidence that combining vaccines and acetaminophen may set vulnerable children up for a diagnosis of autism.

Another study linked prenatal acetaminophen use with an increased likelihood of ADHD.

Kelly Brogan, MD also reported in another article that after swallowing 1000 mg of Tylenol people showed less empathy.

Be sure to visit Kelly Brogan's website and check out her YouTube channel as well.

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