

Tipping the Scales

Environmental Issues are taking a toll

Take for example the issue of global warming. For years those of us who believed in global warming were laughed at and berated. Year after year we watched our ice caps melting while government officials and the scientific community claimed climate change was fiction. Study after study was ignored, but videos of glaciers breaking up and polar bears drifting on blocks of ice finally got through to the general population. Common sense prevailed. Science caught up.

So now we face another critical situation. Our food and water is being poisoned. Genetically modified foods are contaminating our food supply both through processed foods and by cross pollination. Our water is fluoridated even though studies show fluoride is toxic and doesn't necessarily prohibit tooth decay. Our food is poisoned with herbicides and pesticides. We now grow foods with built in pesticides. We feed cows, pigs, and chickens antibiotics, hormones, and genetically modified feed. We allow companies like Monsanto to do their own safety testing. Our food supply has become one huge, dangerous scientific experiment. Cancer, auto-immune disease, asthma, ADHD, autism, obesity—they all tell us we are in deep trouble.

And yet, so many people believe our food is good for us. That poisons don't affect us. That our government protects us.

We have to keep spreading the word, educating Americans about how big business is destroying our health, our soil, our seed supply, and our food supply. We have to make our leaders accountable. Our voices are growing stronger. We are beginning

to turn the tide. If we persevere, one day we will tip the scales.

We need to realize the power we hold through consumerism. Buy organic. Stop supporting big business, especially those businesses that are destroying our food supply. Make noise. Spread the word. Share a link to Organic Lifestyle Magazine with all of your friends.

As our numbers grow and we demand healthy food along with our right to alternative health care, our leaders will have no choice but to listen. And suddenly the idea of eating untested genetically modified foods along with herbicides and poisons or eating meat full of hormones and antibiotics from animals raised on feed their bodies cannot properly digest will be seen for what it is, suicidal behavior. When our numbers grow, common sense will prevail. We can do it. We can tip the scales.