Sick Society

And the ramifications of the choices we make within our sick society

We live in a sick, sick society. And yes, I mean that literally as well as figuratively. We put toxins in our water through pollution and through fluoridation. We alter and process food until it doesn't resemble its original components and loses all of its nutrition, then we put a little artificial nutrition back in before adding artificial coloring, preservatives, and flavorings to make it taste better and look inviting while increasing its shelf life. We send our children to schools that feed them this processed garbage once or twice a day.

Most of us believe the FDA protects us, so we feed our children sugared cereal made from genetically modified corn for their breakfast along with pasteurized juice and milk from cows shot full of rBGH. Maybe we add a little fruit sprayed with herbicides and pesticides. For lunch our kids eat fast food with plenty of trans fats. Dinner comes out of a can, a box, or a frozen packet and is often irradiated. Oh and don't forget the snacks: sugar filled sodas, cakes, cookies, and candy. We are raising a generation of children whose sugar and toxin intake negates their immune systems and their exposure to real foods is so negligible they cannot recognize or name most of our vegetables and fruits.

Next come the pharmaceuticals. We vaccinate our children with dirty, toxic vaccines. Our children get sick (need I repeat why?) and we treat their symptoms (not the cause) with over-the-counter drugs and prescription drugs. Our children exhibit

behavior and mental health problems. Rather than clean up their diets and detoxify their bodies, we give them more drugs. At some point we may not be given a choice. If our child has cancer or another serious disease or is diagnosed with a mental illness we may be forced by Child Protective Services or the courts to follow conventional treatment including chemotherapy or psychotropic drugs. If we choose not to vaccinate, we may be forced by law to comply.

Pharmaceuticals, both over the counter and prescriptive, are marketed to us through television and print media. We are encouraged (brainwashed?) to improve our lives with the use of sleeping pills, tranquilizers, anti-depressive drugs, and stimulants. Our society demands that we be the best we can be through the use of these pills. And yet, cancer is at an all time high. ADHD, autism, and Alzheimer's are epidemic.

We are cogs in the wheel of the 21st century economic machine. Wherever we turn, the typical American lifestyle is ruled by the interests of big business: the food industry, the pharmaceutical industry, and the health care industry. Poor health is a profitable outcome for all three. Processed food is cheap to buy and cheaper to make. It yields enormous profits. Factory farming is profitable. Huge farming enterprises raising crops with chemicals on land stripped of nutrients are profitable. Pharmaceuticals are criminally profitable. The medical industry is fed by illness and married to pharmaceuticals. The cycle goes round and round. And the powers that be continue in their efforts to shut down naturopathic treatments including the sale of vitamins and supplements.

The strange thing is, this same diseased society that embraces conventional treatment is punitive and vengeful to those who use these prescription drugs. Are you aware that the use of a prescription drug may be the deciding factor of whether you spend the next fifteen to twenty years in prison if you are involved in a fatal accident? Even though you took that drug

as prescribed?

In the State of Georgia, drivers involved in fatal crashes can be charged with a misdemeanor, second degree homicide by vehicle or with a felony, first degree homicide by a vehicle. If charged in the second degree, the driver can face up to a year in prison and a $1,000 fine. If charged with first degree, the driver faces three to fifteen years (or up to twenty if the offender is found to be habitual).

So what constitutes a first degree crime in this instance? The law includes cases of death involving fleeing a police officer, failure to stop for a school bus, hit and run, previously being declared a habitual offender, reckless driving, or driving under the influence of drugs or alcohol.

Again, drugs don't have to be illegal drugs nor do prescription drugs have to be abused. If you take a prescription drug and are involved in a fatal accident, you could be in trouble.

Michael Edwards (editor-in-chief) met a man who was sentenced to ten years in prison due to a sleeping pill prescription. He hadn't taken the medication for several days before the accident, but the medication was the basis for a first degree charge. A recent case was bumped up to first degree when it was learned that the driver was prescribed Adderol for ADD.

We have a choice, a huge choice. We can continue to be a cog in the wheel or we can choose health—real health. We can eat real food, unadulterated, organic fruits and vegetables. Organic grains. Organic meats and raw dairy. We have to fight to keep these foods available. We have to care about the foods given to children in our schools. We have to demand our rights to refuse medications, to choose whether or not to vaccinate, to demand, at the very least, that vaccinations be pure, that they are not tainted with mercury or other toxic substances. We have to demand that pharmaceutical companies are held

responsible if they fail to provide safe vaccinations and medications.

The incarceration rate is obscene and rising. Justice has become a joke in this country. Once upon a time, an accident was an accident. A painful, horrific reality for a driver who lost control of a vehicle. Today, an accident is an opportunity to incarcerate someone, even if there was no negligence, criminal intent, or criminal wrongdoing.

When you choose your lifestyle, look at the whole picture. Which do you choose? If you choose an unhealthy lifestyle maintained through pills, be aware that your choices may sentence you to years in prison if, God forbid, the worst happens. An accident may be just that—an accident. Your choices are not.