

Research Shows Black Women are More Likely to Experience Miscarriage

Black women are significantly more likely to experience miscarriage than white women. The Lancet analysis of more than 4.6 million pregnancies in seven countries shows that black women are 43% more likely to have a pregnancy end in miscarriage.

The analysis calls for people in the UK to be given support after their first miscarriage. Currently, women are only referred to specialists after three consecutive miscarriages.

About 75% of those who miscarry will go on to have a healthy pregnancy, which is partly why couples are usually encouraged to try for another baby without further investigations.

Miscarriage rates over 40% higher in black women, study suggests

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While most countries do not collect statistics on miscarriages, it's estimated 15% of pregnancies end in miscarriage and 1% of women have multiple miscarriages. The analysis used research from Sweden, Finland, and Denmark, all countries that do collect statistics on miscarriages. Data from the US, UK, Canada, and Norway were also used.

Women who suffer miscarriages are more likely to have long-term health problems later in life like blot clots and heart

disease. Being under 20 or over 40, being underweight or overweight, smoking, and high alcohol intake are all said to be contributing factors to increasing miscarriage risk.