

Period Side Effects After the Covid-19 Vaccine

Many women have reported period side effects after receiving the Covid-19 vaccine. Women who usually have light or mild periods have reported heavy painful cycles and women have reported their periods coming early, days following vaccination. Women on birth control who usually don't have periods have reported their periods returning. Transgender people who are on testosterone have reported their periods returning, and women who have gone through menopause have reported the same thing.

Headache, fever, and chills are all common side effects people were warned about when receiving the vaccine but the potential consequences to women's menstrual cycles were not talked about.

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It is commonplace for women to experience significantly worse, or different side effects from medicine than men do. Despite this women, especially those who are pregnant or may become pregnant, are often left out of clinical trials.

In 1977 the FDA banned "women of childbearing potential" from participating in clinical trials, for almost 20 years. Many medications were linked to birth defects, and so women were removed from clinical trials.