New Study Shows Gas Stoves are not Good for your Health

A recent study from the UCLA Fielding School of Public Health has confirmed that gas stoves are bad for you. Gas stoves do not often have the proper ventilation required to filter the air. Data in California shows that 47% of homes had improper ventilation while 7% had no ventilation hoods at all. In California, only an estimated 35% of residents even bother to turn on their hoods. Cooking with gas stoves releases indoor greenhouse gas emissions, in which nitrogen dioxide was the worst. Nitrogen dioxide exceeded the level appropriate level set by California Ambient Air Quality Standards and the National Ambient Air Quality Standards. People don't turn on their hoods often due to the noise. Additionally, people often don't clean the filters in their hoods because they can be difficult to get to.

> *Indoor air pollutants included Carbon Monoxide, Nitrogen Oxide, Nitrogen Dioxide and particulate matter. Nitrogen Dioxide was the worst, "exceeding the level set by both the chronic California Ambient Air Quality Standards (CAAQS) ambient annual average limit of 57 micrograms per cubic meter (µg/m3), and the acute National Ambient Air Quality Standards (NAAQS, set by the US EPA) 1-hour limit of 188 µg/m3 or 100 parts per billion (ppb). "*
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> *New study confirms that gas stoves are bad for your health*

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Gas is much cheaper than electricity, and more people prefer to cook with it. Despite this, numbers show that if everyone switched to clean electric alternatives, we could reduce the number of deaths by 354 a year and reduce the number of acute

bronchitis by 596 cases yearly in California alone.

Source:

- *New study confirms that gas stoves are bad for your health* – Tree Hugger