

New Report Details Harms of Fracking including Asthma, Birth Defects, Cancer

A new report, titled *Compendium of Scientific, Medical and Media Findings Demonstrating Risks and Harms of Fracking* is the most authoritative study that's ever been done on fracking and how it is contaminating the air and water – and imperiling the health of millions of us.

Our examination of the peer-reviewed medical and public health literature uncovered no evidence that fracking can be practiced in a manner that does not threaten human health."

This report looked at news investigations, government assessments, and more than a thousand peer-reviewed research articles. The study shows that fracking is poisoning our air, contaminating the groundwater, and putting our health of at risk.

Recommended: *Start Eating Like That and Start Eating Like This – Your Guide to Homeostasis Through Diet*

Just How Bad is fracking? Why?

Dr. Sandra Steingraber is a biologist and one of the co-authors. She's been a public health advocate on issues like breast cancer and toxic incinerators. She says that "Fracking is the worst thing I've ever seen."

Those of us in the public health sector started to realize years ago that there were potential risks, then the industry rolled out faster than we could do our science. Now we see those risks have turned into human harms and people are getting sick. And we in this field have a moral imperative to

raise the alarm.” –Dr. Steingraber, Rolling Stone

Fracking is a complicated extraction process with public health hazards at virtually every part of the process. If you want to read it, [click here](#) to read the report, and then click the download button to view the PDF.

Recommended: *Holistic Guide to Healing the Endocrine System and Balancing Our Hormones*

Residents living near an active fracking site breathe in carcinogens like benzene and formaldehyde. This leads to an increased risk of asthma and leads to developmental disorders and problems with pregnancies.

Pregnant women have a major risk, not only themselves but they're carrying a fetus whose cells are multiplying continuously. If those cells get hit by some toxic chemical from fracking, it may not manifest itself for years.” – Dr. Lynn Ringenberg, president-elect of Physicians for Social Responsibility

Fracking sites have caught fire some have even exploded, as happened last month in Belmont County, Ohio. Communities have shown that fracking contaminates underground aquifers with hazardous chemicals. Fracked gas travels through pipelines, and leaks and explosions are now well-documented. Piped gas has to continuously be re-pressurized at compressor stations, and those stations have been documented to emit toxic gases and fine particle matter like methane, benzene, formaldehyde and other known human carcinogens.

Dr. Kathleen Nolan is a co-author of the report. She's a pediatrician and bioethicist. Dr. Nolan has examined people who have been sickened by fracking. She describes a case of one western Pennsylvania family:

They would see a yellow fog, kind of like a chemical mist coming from the compressor station. Their two youngest children, nine and 11, started having tics where their muscles would go into spasms, those spasms would persist even when they were asleep."

Recommended: *Heal Cavities, Gum Disease, Naturally with Organic Oral Care – Toothpaste recipes included*

Of course, Scott Pruitt, our head of the EPA who's always wanting to be on the wrong side of history, is a big fan of Fracking.

For more on the dangers of fracking: