

More Than 40% of Older Millennials Have At Least One Chronic Health Condition, Data Suggests

A new poll by CNBC suggests 44% of older millennials (people born between 1981 and 1988) have at least one chronic health condition.

Migraines, depression, and asthma were the most common conditions with type 2 diabetes and high blood pressure closely following.

The poll found older millennials had a higher rate of chronic illness compared to the general public, including the age group older than them.

Among the survey group, cancer was almost as common among older millennials as it was in the general population. About four percent of the 33- to 40-year-olds said they'd been diagnosed with cancer, compared to five percent of the overall survey group.

Nearly half of older millennials have at least one chronic health condition such as depression, high blood pressure or asthma by the time they turn 40, poll suggests

Obesity is an increasing problem for Americans of all ages but even more so for the younger population. Only 10% of the 4,000 survey respondents reported being obese, which is lower than the general population, with an obesity rate of 13%. Obesity can lead to a higher likelihood of chronic health conditions that millennials are more likely to suffer from.

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