

# Lyme Disease on the Rise and Spreading Across America – With All Natural Tick Spray Recipe

A new study from the Center for Disease Control (CDC) reports Lyme-carrying ticks now inhabit 45% of the nation's counties, up from the reported 30% in 1998. Confirmed cases of the disease have more than doubled since 1995.

Climate change with warming temperatures may be to blame for much of the spread for two reasons: range is increasing due to warmer temperatures and the amount of time ticks can feed is increasing as they are becoming active earlier in the year (April instead of May).

[https://www.youtube.com/watch?v=Y7utX\\_PKtSU](https://www.youtube.com/watch?v=Y7utX_PKtSU)

Lyme disease, the most commonly reported vector-borne disease in the United States, more than doubled from 1995 to 2013. The count for 1995 was 11,700 confirmed cases. In 2013, that number rose to 27,203 confirmed cases plus 9,104 probable cases. And yet, in 2013, the CDC reported that they estimated the true number to be 300,000 cases of Lyme disease per year in the U.S., 10 times more than the reported number.

Prevention of the disease is twofold: build and support a strong, healthy immune system and avoid tick bites. A strong healthy immune system is created through a truly healthy diet, on-going detoxification, exercise, and adequate, restful sleep. To avoid tick bites, wear long sleeves and pants and spray clothing with a non-toxic repellent whenever walking through or working in a wooded or bushy area.

Tick spray recipe for dogs and humans:

- 1 cup of Distilled water
- 2 Drops Geranium Essential Oil
- 2 Drops Palo Santo Essential Oil
- 1 Drop Rosewood Essential Oil
- 4 Drops Grapefruit Essential Oil
- 1 Drop Peppermint Essential Oil
- 1 Drop of Castile Soap (emollient)

Place in a spray bottle and shake to mix. Spray on skin or fur when needed.

For information about symptoms, conventional treatment, and alternative treatments, read *How to Cure Lyme Disease and Virtually Any Other Bacterial Infection, Naturally* (see link below).

### **Recommended Reading:**

- *How to Cure Lyme Disease, and Virtually Any Other Bacterial Infection, Naturally*
- *Detox Cheap and Easy Without Fasting – Recipes Included*  
Salad Recipe, Cran-lemon Recipe, & Detox

### **Sources:**

- *Ticks Carrying Lyme Disease In Almost Half Of U.S. Counties – Reuters*
- *Global Warming May Spread Lyme Disease – Scientific American*
- *Reported Cases of Lyme Disease by Year, United States, 1995-2014 – CDC*
- *How many people get Lyme disease? – CDC*