How To Clean Your Bathroom In a Green and Organic Way

Of all the rooms in a house, it’s probably bathrooms that need the most attention – and a regular, ideally weekly, scrub in order to get rid of any dirt and prevent mould and unpleasant smells. But while you want to get rid of all the germs and soap scum, luckily, there’s no need to turn to harsh chemicals and toxic bleaches to keep your bathroom clean. Natural cleaning products are better for your skin, lungs, and the environment – and surprisingly, there’s nothing in the bathroom that you can’t clean the green way. Take a look at these simple tips for how to get your bathroom sparkling using only sustainable and organic cleaners.

Green Clean Your Toilet

To get rid of nasty stains, calcium residue, and germs, mix together half a cup of vinegar and a spoon of baking soda, and let the mixture sit in the toilet bowl for an hour before you start scrubbing the toilet with a brush or sponge. If you do this regularly, you won’t need abrasive chemicals to keep your toilet spotless.

Using Homemade Cleaners in The Shower

No-one likes a shower full of soap scum – and all you need to get rid of soapy residue is some baking soda and biological dish soap. Mix those two together, apply to a sponge, and you’ve got yourself a powerful cleaner for shower doors and ceramic surfaces. If the stains are slightly more stubborn, use an old toothbrush for extra powerful scrubbing. For your shower curtain, mix some vinegar and water, spray the mixture

onto the curtain, and clean it with warm water. If you've got mould on the curtain, apply some baking soda mixed with water and rub the stain. Did you know that you can also wash most shower curtains in the washing machine? Use an organic detergent to get rid of stubborn dirt and give your curtain an overhaul.

Unclogging Drains the Natural Way

Clogged drains in the bathroom can be a nightmare, but there's no need to pour toxic chemicals down your drain – think of the environment, and opt for a natural de-clogger instead. Simply mix baking soda with vinegar and let the mixture sit for a while – it will break down any gunky residue and allow the water to flow again after. But keep in mind that this is no substitute for a plumber – sometimes, you just have to make that call.

Use Natural Scents

You don't need to buy air freshener to have a constant lovely scent lingering in your bathroom – use lavender oil or peppermint oil to keep it fresh, or place dried herbs and flowers in small bowls around your bathroom. You can also add some lemon and cinnamon to a small few spoons of baking soda for a nice and cosy winter smell.

Sources and Further Reading:

- *Natural Cleaning Ingredients*
- *DIY Cleaning Tips* – Cleanipedia