

Germany Bans Single-Use Plastic by 2021

Germany has seen a 64% decrease in plastic bag usage since 2015. Recently Germany agreed to ban the sale of single-use plastics, including plastic straws, cutlery, cotton buds, and food containers by July 2021.

Many disposable plastic products are superfluous with no sustainable use of resources. In addition, plastics end up too often in the environment or in the oceans. We are taking an important national step in the fight against the plastic flood.

–Federal Environment Minister Svenja Schulze

We throw away 1.3 billion tons of trash worldwide every year, and Germany alone produces 3 million tons of plastic waste annually. Germany's recent bill to ban single-use plastic is in accordance with the EU's directive to reduce plastic waste.

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Many of the single-use plastics we go through a day are full of toxins like BPA and BPA alternatives. A study published by the Journal of Environmental Science and Technology examined 34 everyday plastics made of 8 different types of plastic and showed that 74% of the products were toxic in some way.

With a healthy gut and a healthy lifestyle, the chances of experiencing health problems from plastic toxicity are extremely unlikely. Still, for the environment and your health, you're better off avoiding single-use plastics and using reusable alternatives.

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