

Flouride Dangers Addressed by Mainstream Media

Why does the CDC ask parents to use low fluoride or non-fluoridated water when mixing water with baby formula? Once again, it seems there is more to the story than we are being told...

Is our water decaying our teeth and damaging our bodies? CBS Atlanta recently interviewed Daniel Stocktin of the Lillie Center, a group whose sole mission is to remove fluoride from the public water supply. Stocktin warns of the known dangers associated with too much fluoride—dental fluorosis—and the unknown effects of the chemical on the soft tissues of the body. He warns that we ingest fluoride through water, food, and toothpaste and that it accumulates in the body.

Dental fluorosis is caused by the ingestion of too much fluoride. The first symptom is spotting on the teeth. More severe cases involve pits and holes in the enamel that resemble cavities. The worst cases involve severe erosion of the teeth.

The American Dental Association and the Centers for Disease Control continue to endorse water fluoridation, though they do admit excessive doses can be toxic. Both organizations declined to be interviewed by CBS Atlanta, instead referring the reporters to written information which Stoktin said is bad science and outdated.

Why does the CDC ask parents to use low fluoride or non-fluoridated water when mixing water with baby formula? Once again, it seems there is more to the story than we are being told, especially when recent data from the CDC states that two out of every five children have mild fluoridosis (spots on their teeth).

We want to applaud CBS Atlanta for taking on stories such as these. It is time for us to question all of the chemicals we breathe, put on our bodies, or ingest.