Five DIY Organic Shampoo Recipes for Beautiful Hair

Shampoo is the most common hair care product we buy, but the harsh chemical compounds present in commercial shampoos cause too much harm to our tresses and make them dull, dry, and unhealthy. Going organic can save your hair from this turmoil and DIY recipes can be easy on your wallet. So, here are 5 simple DIY organic shampoo recipes that can give you beautiful, attractive hair:

Organic Coconut and Lemon Shampoo Recipe

This simple, easy and inexpensive shampoo can nourish both your hair and scalp to give you gorgeous locks.

Ingredients:

- Liquid castile soap – 1 cup
- Organic coconut oil – 1 tablespoon
- Lemongrass essential oil – 20 drops

Directions:

1. Pour liquid castile soap into a mixing bowl.
2. Add organic coconut oil and stir well.
3. Add lemongrass essential oil to the opaque mixture.
4. Mix everything once again.

Organic Shea Butter Shampoo Recipe

If your hair is extremely dry and severely damaged, this shampoo can restore its natural moisture and put it into good health.

Ingredients:

- Liquid castile soap – 200 ml.
- Organic shea butter – 15 ml.
- Lavender essential oil – 8 to 10 drops
- Sodium bicarbonate – 1(1/2) teaspoons
- Distilled water – 50 ml.

Directions:

1. Melt solid shea butter by placing it over boiling water. Let it cool to room temperature.
2. Mix water with sodium bicarbonate to make a solution.
3. Pour this solution into liquid castile soap. Stir for a few seconds. Avoid forming too much foam.
4. Add melted shea butter.
5. Add lavender essential oil to the bowl.
6. Blend everything together.

Organic Chamomile Shampoo Recipe

You can opt for this organic chamomile shampoo to turn your curly, frizzy and dry locks into soft, smooth and manageable ones.

Ingredients:

- Solid castile soap – 2 tablespoons
- Organic chamomile tea – 1 cup
- Chamomile essential oil – 4 to 5 drops
- Pure glycerin – 1 tablespoon

Directions:

1. Grate a solid bar of castile soap from one side.
2. Brew a cup of strong chamomile tea and pour it into the grated castile soap.
3. Add glycerin.

4. Add chamomile essential oil.
5. Blend everything well.

Organic Vegetable Oil and ACV Shampoo Recipe

Say ‘bye bye’ to dandruff and improve the overall appearance of your hair significantly with this super effective organic shampoo.

Ingredients:

- Liquid castile soap – 4 tablespoons
- Organic vegetable oil – 2 teaspoons
- Organic apple cider vinegar (ACV) – 4 tablespoons
- Coconut flakes – 4 tablespoons
- Fresh thyme – 4 tablespoons
- Fresh rosemary – 4 tablespoons
- Distilled water – 2 cups

Directions:

1. Bring distilled water to a boil.
2. Add coconut flakes, fresh thyme and fresh rosemary to it. Stir well and boil for 30 more minutes.
3. Strain the mixture and add liquid castile soap to it.
4. Pour vegetable oil and ACV into it.
5. Mix everything well.

Organic Green Tea Shampoo Recipe

The antioxidant properties of green tea can make your tresses look healthy and beautiful by preventing grey hair and reducing hair fall.

Ingredients:

- Liquid castile soap – 1 cup
- Organic green tea leaves – a handful
- Organic olive oil – 1 tablespoon
- Organic raw honey – 1 teaspoon
- Distilled water – 1 cup

Directions:

1. Boil fresh green tea leaves in distilled water and brew for 30 minutes.
2. Add liquid castile soap.
3. Add olive oil and honey.
4. Combine everything well.

Further Reading:

- *Morrocco Method Hair Care Review*
- *Four DIY Homemade Cosmetic Products For Healthy, Vibrant Skin*
- *The Soap and Shampoo Conspiracy*
- *How to make your own Natural Deodorant at Home – Recipe*
- *Fight Cavities and Gingivitis Naturally With Homemade DIY Oral Health*
- *Make your own Homemade Multivitamin and Mineral Formula*

References:

- *Green Tea for great Health, Skin and Hair* – Beauty Glimpse.com
- *How to Make Natural Shampoo* – Wellness Mama