

CDC Changes Covid-19 Recommendations for Pregnant Women

In updated guidelines, the CDC is urging all pregnant women to become vaccinated against Covid-19 stating that the “benefits out way any known or potential risks”.

The CDC now recommends anyone above the age of 12, including those who are pregnant, breastfeeding, or who may become pregnant, get the vaccine.

COVID-19 vaccination is recommended for all people aged 12 years and older, including people who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future. Pregnant and recently pregnant people are more likely to get severely ill with COVID-19 compared with non-pregnant people. Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.

Pregnancy or Breastfeeding

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Previously the CDC stated pregnant women “could” get vaccinated. Now the CDC says new research has found no increased risk between the vaccine and miscarriage.

The study found the miscarriage rate to be around 13% which is said to be within the “normal” range. While miscarriages may be common or normal for some women, they are not healthy and are a sign of a greater problem.

Pregnant women were not included in the original trials of the vaccines that led to emergency FDA authorization.

This update in guidance comes after a surge in cases caused by the new Delta variant.