New York to Ban Large Soft Drinks

New York City Mayor Michael Bloomberg is calling for a municipal ban on the sale of sugary drinks of greater than 16 ounces

Mayor Michael Bloomberg has banned smoking in New York City as well as Trans-fats in restaurants. He had forced chain restaurants to put calorie counts on menus, and he got sugary soft drinks out of city and school vending machines.

Now, with his continued efforts to curb obesity and lower the cost of health care in New York, Bloomberg is calling for a municipal ban on the sale of sugary drinks of greater than 16 ounces.

The ban applied defines the drinks to be barred that contain more than 25 calories per 8 ounces. This does not include diet sodas.

New York City Mayor Michael Bloomberg spoke to MSNBC's Andrea Mitchell responding to the many critics of his extremely controversial big ban, "The idea is you tend to eat all of the food in the container. If it's bigger, you eat more. If somebody put a smaller glass or plate or bowl in front of you, you would eat less."

Even progressive liberal comedian-pundit John Stewart is clearly not a fan of the proposal.



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The ban would outlaw the sale of sugary drinks 16 oz or more in restaurants and vending machines (including those at gas stations), but you would still be able to purchase large bottles at stores. And of course, the six pack will still be an option is well.

I have mixed emotions about this ban. Soda consumption is one of the most significant contributors of a wide range of disease.



(Image courtesy of The Daily Mail)

But personally, I would rather see our government attempt to educate people as opposed to controlling people. Most people are still unaware of not only of how much sugar is in soda, but also, how bad sugar really is for us. And I would also like to see artificially sweetened foods, including diet soda, banned. Also, as far as laws are concerned, I would much prefer restrictions placed on advertising such as those commercials that try to convince us that Sunny Delight is good for your kids, or that high fructose corn syrup is perfectly healthy “in moderation.”

What do you think of New York’s proposed ban on large sodas?