

10 Most Profitable Vegetables To Grow

A lot of people are growing vegetables to beat the credit crunch. Growing vegetables is the best way to turn your gardening expertise into a means to save significant money. There are numbers of inexpensive vegetables that can easily reduce your food expense. Here is the list of the specialty crops worth planting.

Cilantro

You either love it or hate it, but if you pay for it, you undoubtedly want to consider growing it. Cilantro is worth more than \$20 per sq ft. Also, keep in mind that you always grow cilantro close to some other taller vegetables to shade it in the warmer weather.

Arugula-Roquette

Arugula or Roquette, is a family member of the mustard family. This spicy bite compliments the particular sweeter lettuces and it is also best for your salads. This plant could completely be farmed, or individual exterior leaves could possibly be cut from the plant. It is advisable to grow it just like you grow cilantro, in between the taller plants.

Green Salad Mix

Mesclun and lettuces are standard salad ingredients. Once you start eating the green lettuces, you will save iceberg lettuce for baloney sandwiches. Green salad mix can definitely help you save some serious income.

Chives

Mix chives into scrambled eggs or cottage cheese, or add to a baked potato. You must have this in your garden. It's easy to grow in the ground or in a container. Did you know it grows in winter?

Dill

Dill is worth more than \$16 per square foot. You can use it in salads, quick breads, and also you can have it with fish. You should try tuna pasta salad with a bit of chopped garlic, green pepper and dill Trust me; it's simply awesome.

Lettuce

Any lettuce, from the salad bowl to Romaine could save you more than \$18 per a square foot in your garden. With lettuce, many varieties can be grown from its seeds.

Cherry Tomato, Modest & Method

You should definitely try Red Cherry, Sweet Million or Sweet 100. You can consume it directly into salads without slicing it. With these tomatoes you can save over \$15.00 per square foot.

Herbs

Herbs have become much more popular in the last two decades. You can make use of them in cooking, for herbal products, and for medicine herbs. They are a value-added item to grow in your garden.

Lavender

Growing lavender is a great way to turn your love for herbs into a solid income. Once planted, lavender will continue to produce hundreds of blooms for 15 years.

Mushrooms

Mushrooms are easy to grow in a small space and expensive to buy in the supermarket.

You can also grow the 10 veggies to save a huge amount of income. They are worth \$6 to \$10 dollars for each square foot.

- Turnip
- Squash
- Basil
- Celery
- Tomato, large
- Pumpkin
- Tomatillo
- Radish
- Cucumber
- Chard

Recommended Reading:

- *Things You Should Know About Garlic – DIY, Recipes, Other Tips*
- *Total Nutrition – Make your own Homemade Multivitamin and Mineral Formula*
- *Permaculture Agriculture: The Transition to a Sustainable Future*
- *Companion Plants for Organic Gardening*
- *Detox Cheap and Easy Without Fasting – Recipes Included*